Sign into the app using your unique username or to access online <u>click here</u>.

USERNAME:

NEW WAYS TO CONNECT WITH YOUR EAP



call 800.456.6327



login into the EAP **Spark App** and use the Get Help option to submit an a contact request.

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or **instant message** with a counselor. Just click the 'Tap to Live Chat' button in "Services" through your Spark App



make a **video conference** appointment with an EAP Counselor

Resources, recipes, articles, assessments, skillbuilders, legal and financial advice and more are available in the palm of your hand. Support is only a call or click away!



