

ED and Outpatient AVS COVID-19 Documents

Expected Go Live Date June 17, 2020

Intended Audience Outpatient

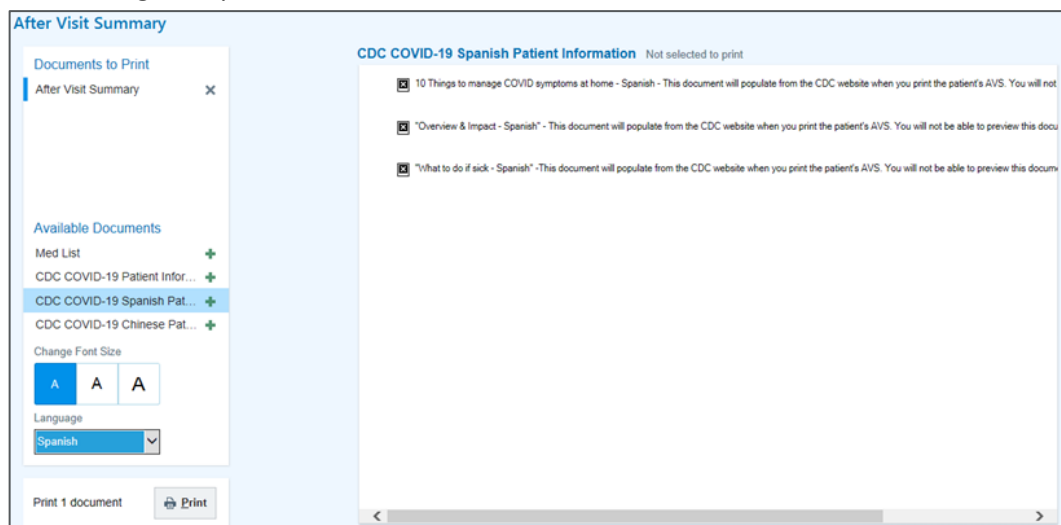
This tip sheet outlines the COVID-19 documents available on the After Visit Summary (AVS). The **CDC COVID-19 Patient Information documents** can be printed in English, Spanish, or Chinese.

Step by Step

1. In the encounter, click the **Preview AVS** button.
2. In the **Available Documents** section, click the **green plus sign** to add the **CDC COVID-19 Patient Information** document.



3. In the **Documents to Print** section, the **CDC COVID-19 Patient Information** document displays. Note: the preview of the document appears blank, however when printed, the document appears appropriately. This is intentional, as this document links directly to the most up-to-date information on the CDC website. Links to English, Spanish and Chinese versions of the documents are available.



4. The following information will now also be automatically added to the end of each AVS.

- Patients without a COVID-19 test ordered:

COVID-19 Information

COVID-19 (coronavirus) is highly contagious. Northwestern Medicine follows strict guidelines for preventing the spread of infection. However, COVID-19 remains a risk in both the community and the healthcare setting.

- Patients with an ordered or resulted COVID-19 test.

Interested in Donating Blood Plasma?

Many people recovering from COVID-19 have questions about donating plasma, which has the potential to speed recovery and save lives of other COVID-19 patients.

Resources are available that can help you decide if donation is right for you, including:

- The American Association of Blood Banks allows you to enroll as a potential donor and find out the nearest blood supplier to where you live or work: <https://covidplasma.org/>

There are 3 Chicagoland organizations that collect blood for donation. To donate plasma for COVID-19, patients must meet specific requirements. Please refer to these websites for more information:

- Versiti (formerly Heartland Blood Centers): <https://www.versiti.org/covid19plasma>
- American Red Cross: <https://www.redcrossblood.org/plasma4covid>
- Vitalant: <https://www.vitalant.org/COVIDFree>

You had a COVID test within the past 7 days. The following information will be helpful in discussions with your physician, employer, school, or follow-up healthcare facility.

The diagnostic work-up of COVID-19 within the NM System includes performance of both nucleic acid amplification tests, e.g., PCR-based tests, and serological tests. All of the various platforms used for such testing within the NM Clinical Laboratories have been rigorously vetted and validated by Laboratory personnel. The data derived from the use of these platforms are considered to be of exceedingly high quality, suitable under any/all circumstances or setting for disease assignment and management.

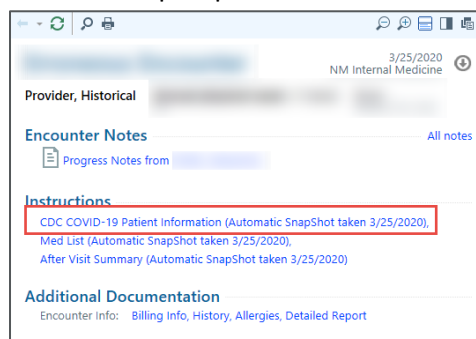
COVID-19 Information

COVID-19 (coronavirus) is highly contagious. Northwestern Medicine follows strict guidelines for preventing the spread of infection. However, COVID-19 remains a risk in both the community and the healthcare setting.

5. Click the **Print** button to print the document for the patient.
6. If desired, to view the **CDC COVID-19 Patient Information** document, navigate to **Chart Review**.

Note: the preview will not display in Chart Review until the document is printed. Print the document before navigating to Chart Review.

7. Click the encounter in which the **CDC COVID-19 Patient Information** was printed. To preview the document, click the link in the report pane.



8. The document displays. This document includes: **10 things you can do to manage your Covid-19 symptoms at home, What you need to know about COVID-19, and Steps to help prevent the spread of COVID-19 if you are Sick.**

10 things you can do to manage your COVID-19 symptoms at home

Accessible Version: <https://www.northwesternmedicine.com/COVID-19/what-you-are-sick/10-things-you-can-do-to-manage-your-symptoms-at-home>

If you have possible or confirmed COVID-19:

- Stay home from work and school.** Avoid staying away from other public places. If you must go out, avoid using any kind of public transportation, ride-sharing, or taxis.
- Monitor your symptoms carefully.** If your symptoms get worse, call your healthcare provider immediately.
- Cover your cough and sneeze with a tissue or use the inside of your elbow.**
- Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.**

What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?
Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?
Yes, COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example household members, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <https://www.cdc.gov/coronavirus/2019-ncov/about.html>.

Have there been cases of COVID-19 in the U.S.?
Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

What are severe complications from this virus?
Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?
People can help prevent themselves from respiratory illness with everyday preventive actions:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should:

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with COVID-19?

Steps to help prevent the spread of COVID-19 if you are sick

FOLLOW THE STEPS BELOW: If you are sick with COVID-19 or think you might have it, follow the steps below to help protect other people in your home and community.

Stay home except to get medical care

- **Stay home:** People who are mildly ill with COVID-19 are able to recover at home. Do not leave, except to get medical care. Do not visit public areas.

Wash your hands often

- **Wash your hands:** Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

Wear a facemask if you are sick

- **Wear a facemask:** You should wear a facemask when you are around other people and before you enter a health-care provider's office.

Separate yourself from other people in your home, this is known as home isolation

- **Separate yourself from others:** If the person who is sick is not able to wear a facemask (for example, because it causes trouble breathing), then people who live in the home should stay in a different room. When caregivers enter the room of the sick person, they should wear a facemask. Visitors, other than caregivers, are not recommended.

Separate yourself from other people in your home, this is known as home isolation

- **Stay away from others:** As much as possible, you should stay in a specific "sick room" and away from other people in your home. Use a separate bathroom, if available.

Cover your coughs and sneezes

- **Cover:** Cover your mouth and nose with a tissue when you cough or sneeze.

Dispose of used tissues in a hard trash can

- **Dispose:** Dispose of used tissues in a hard trash can.

Wash hands

- **Wash hands:** Immediately wash your hands with soap and water for at least 20 seconds after you have used a tissue.