Letter for return-to-work after being symptomatic without testing or monitoring program enrollment (NM RETURN TO WORK SYMPTOMATIC) To Whom It May Concern:

In alignment with guidance from the Centers for Disease Control (CDC) and the Illinois Department of Public Health (IDPH), Northwestern Medicine has suspended outpatient testing for COVID-19 (novel coronavirus) effective 3/28.

Patients with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue home isolation under the following conditions:

- At least three days (72 hours) have passed since recovery, defined as resolution of fever without the use of feverreducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath);
- Other symptoms have improved (for example, when cough or shortness of breath have improved); and
- At least seven days have passed since symptoms first appeared.

@PATIENT@ has met the above criteria, and is therefore cleared to return to work.

For additional information on how to plan, prepare and respond to COVID-19, please visit:

https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

Letter for return-to-work after confirmed positive (NM RETURN TO WORK CONFIRMED POSITIVE) To Whom It May Concern:

In alignment with guidance from the Centers for Disease Control (CDC) and the Illinois Department of Public Health (IDPH), Northwestern Medicine has suspended outpatient testing for COVID-19 (novel coronavirus) effective 3/28.

Patients who have COVID-19 with symptoms present and were directed to care for themselves at home may discontinue home isolation under the following conditions:

- Resolution of fever without the use of fever-reducing medications;
- Improvement in respiratory symptoms (e.g., cough, shortness of breath); and
- Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive nasopharyngeal swab specimens collected ≥24 hours apart (total of two negative specimens).

Northwestern Medicine is unable to provide repeat testing at this time.

In absence of repeat testing, individuals with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue home isolation when at least seven days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness.

@PATIENT@ has met the above criteria, and is therefore cleared to return to work.

For additional information on how to plan, prepare and respond to COVID-19, please visit:

https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

Letter for return-to-work after graduating from monitoring program (NM RETURN TO WORK POST MONITORING) To Whom It May Concern:

In alignment with guidance from the Centers for Disease Control (CDC) and the Illinois Department of Public Health (IDPH), Northwestern Medicine has suspended outpatient testing for COVID-19 (novel coronavirus) effective 3/28.

NM has implemented a COVID-19 Monitoring Program which provides for daily check-ins with patients across the system who have tested positive for COVID-19 or who, based on symptoms, could have COVID-19. @PATIENT@ has transitioned from this program after no longer reporting fever and only mild symptoms for three days AND more than 7 days have passed since symptom onset.

@PATIENT@ has met the above criteria, and is therefore cleared to return to work.

For additional information on how to plan, prepare and respond to COVID-19, please visit:

https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html