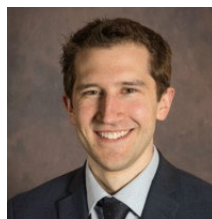


Hypertension in 2026: The Path Here and the Journey Forward

Northwestern Medicine Palos Hospital St. George Foundation Continuing Education Series

Presented by Joseph Ebinger, MD, FACC, Cedars-Sinai Medical Center

Dr. Ebinger is an associate professor of cardiology and director of the Coronary Intensive Care Unit at Cedars-Sinai Medical Center in Los Angeles. He joined the Department of Cardiology faculty in 2018 as director of Clinical Analytics at the Smidt Heart Institute, overseeing the integration of disparate data sources from across the institution, and was recently named the director of the Cardiac Care Unit.



**Joseph Ebinger,
MD, FACC**

Driven by his interest in improving cardiovascular care delivery, he pursued an active research program, including K23 and R21 awards from the NIH, predominantly focused on hypertension. His work has been published in journals including *JACC*, *Nature Medicine* and *Circulation*.

He serves on the National Prevention Council for the American College of Cardiology, is the chair of its Hypertension Working Group and leads the Council on Quality of Care and Outcomes for the American Heart Association.

Learning Objectives

- Understand the evolution of hypertension guidelines and how this informs current clinical practice.
- Identify barriers to effective hypertension care delivery and evidence-based interventions to help overcome these barriers.

Review expected changes to hypertension care, including novel drug therapies and interventions, as well as novel modalities for clinical care delivery.

Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of *1.0 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Surgery Continuous Certification Program

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit. ABS CME credits will be submitted to the board and ACCME by the end of the calendar year.

Session

Thursday, May 28

7:30 – 8:30 am

How to attend

In person:

Attend the live event in the Palos Hospital Auditorium.

Microsoft Teams:

[Join the meeting now](#)

Or call in (audio only): 872.240.1267
Phone Conference ID: 405 393 454#

Course Director

James O. Draguesku, MD

Disclosure Statements

Dr. Ebinger receives grant and research support from Edwards Lifesciences, LLC. He previously received consulting fees from Edwards Lifesciences and AstraZeneca. The consulting relationships have ended.

All the relevant financial relationships have been mitigated.

The course director, Dr. Draguesku, and Karen Bertucci, MEd, CME specialist, have no relevant financial relationships with ineligible companies to disclose.

The Northwestern University Feinberg School of Medicine CME leadership, review committee and staff have no relevant financial relationships with ineligible companies to disclose.

For more information, please contact karen.bertucci@nm.org.

This educational program is supported by the St. George Foundation.