

Criteria Key	
ILI Symptoms (symptomatic)	Reason for test includes one or more ILI symptoms
	<p>Symptoms may appear 2-14 days after exposure to the virus.</p> <p>People with these symptoms or combinations of symptoms may have COVID-19:</p> <ul style="list-style-type: none"> • Cough (new or worsening) • Sore throat • Shortness of breath • Chills • Loss of smell or taste in the last 14 days • Muscle pain • Fever • Gastrointestinal issues (vomiting or diarrhea) • New congestion or runny nose in conjunction with one of the above symptoms
Asymptomatic Screening	Reason for test includes: exposure, at risk due to a medical condition, or other reason that does not include a medical diagnosis
Testing all patients for the identified population	

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COVID-19 Testing Guidelines

Approved for Testing	COVID-19 Testing Criteria	Retesting Recommendations	Updated	Documents
Hospital Admissions (Inpatient / Observation / Acute Rehabilitation / Psychiatry)	Required Screening	<p>A second test may be ordered on behalf of a patient who has had a previous negative test.</p> <p>A third test may be ordered only in certain instances, including a scheduled surgery/procedure, to assess a BAL, a change in clinical condition, or to support clinical clearance.</p> <p>Transfers from an internal or external facility should be tested upon admission for patients with a previous negative test result taken more than 72 hours prior to the new admission.</p>	5/19/2020	
Admitted patient being discharged to SNF, Custodial Care, LTCH, inpatient acute rehab, Homeless Shelter/Medical Respite, transfer to Psychiatric or other congregate care facility. Infants born in any NM hospital and transferred to Lurie or other outside facility.	Screening for transfer to external facility	Retesting, as required by an external facility.	5/12/2020	
<p>Testing Required: All Surgical, Interventional Services, or Outpatient Procedures with an AGP or the potential to convert to general anesthesia (Refer to the defined list of AGPs on NMI)</p> <p>Testing not required: Low risk procedures do not require testing. "Low risk" is defined as highly unlikely for conversion of Monitored Anesthesia Care to General Anesthesia. In most cases, this would be inclusive of moderate sedation as being low risk. Currently, the only low-risk procedures that do not require testing are*:</p> <ul style="list-style-type: none"> • Cataract surgery • Colonoscopy • Cath/EP (when not supported by anesthesia) • Sleep Studies • Fertility Procedures <p>(*A test can always be ordered at the discretion of the physician)</p>	Required Screening within 72 hours of the procedure	<p>Prior to a procedure, SARS-CoV-2 testing on behalf of either inpatients or outpatients must be completed within 72 hours of the procedure. Verifiable SARS-CoV-2 nucleic acid amplification test results from outside facilities (i.e. CareEverywhere, Faxed/Scanned Report in medical record) can be accepted. Patients who recently tested positive with a home antigen test must have their result entered in the medical record by the provider. NM will not accept patient reported negative results from home antigen tests.</p> <p>If a patient has recovered from COVID-19 infection within the past 90 days and has been clinically cleared, they do not need to be re-tested prior to undergoing an aerosol-generating procedure unless they are exhibiting new symptoms or have been involved in a new COVID-19 exposure. If they are being admitted through the ED for any reason, have new symptoms or a new exposure, they must be re-tested, regardless of previous COVID-19 status.</p> <p>Outpatient</p> <ul style="list-style-type: none"> • Patients needing to return for multiple procedures (i.e. ECT) should be tested every week unless they have had an exposure or have become symptomatic since the performance of their most recent test (in which case they should be retested). <p>Inpatient</p> <ul style="list-style-type: none"> • A new test is required if the most recently performed test is outside of the 72 hour window. 	12/22/2022	<p>Link to list of AGPs on NMI > What are aerosol-generating procedures or AGPs?</p> <p>Link to Clinical Clearance Guidelines (Discontinuation of COVID Precautions for Inpatient and Outpatient)</p>
Obstetrics Delivery, induction, C-section	Required Screening	N/A	5/4/2020	
Obstetrics Partner of a COVID+ Mother admitted for delivery	Requested Screening	N/A	5/4/2020	
ED Discharge	ILI Symptoms	<p>Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test.</p> <p>Return to work: Asymptomatic Patients should not be retested in the ED, but can be retested at the alternate testing sites. Refer to "return to work" section for Outpatient Community.</p>	5/22/2020	
Outpatient Community	<ul style="list-style-type: none"> • ILI Symptoms • Asymptomatic patients can be tested at the provider's discretion for scenarios including: testing required for travel or by an employer, or the patient has had an exposure to a confirmed COVID-19 Positive patient (contact within 6 feet for ≥ 15 minutes) 	<p>Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Patients with severe symptoms should be sent to the ED for evaluation.</p> <p>Return to work: Per the CDC, a test-based strategy is no longer recommended. Isolation and precautions can generally be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.</p> <p>For persons previously diagnosed with symptomatic COVID-19 who remain asymptomatic after recovery, retesting is not recommended within 3 months after the date of symptom onset for the initial COVID-19 infection.</p>	8/12/2020	Link to CDC recommendations on Duration of Isolation & Precautions for Adults
<ul style="list-style-type: none"> • Oncology • Transplant • Dialysis • Patient requiring immune suppressants (example rheumatology/inflammatory bowel disease patients) 	<ul style="list-style-type: none"> • ILI Symptoms • Oncology • Dialysis • Patient requiring immune suppressants <p>Required Screening</p> <ul style="list-style-type: none"> • Transplant • Patients new to starting immunosuppressive or radiation therapy 	<p>Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Patients with severe symptoms should be sent to the ED for evaluation.</p> <p>Resuming Treatment: In order for a COVID-19 positive or presumed positive patient to start/resume therapy, two negative tests obtained at least 24 hours apart must be obtained. Testing may be ordered no sooner than 10 days after resolution of symptoms, including fever in the absence of fever-reducing medications.</p>	7/28/2020	
NM Healthcare Workers (Healthcare worker in an NM Clinical Environment, includes: NM employees, private practice, resident, medical student, agency)	<ul style="list-style-type: none"> • ILI Symptoms <p>OR</p> <p>Documented Exposure</p>	<p>Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Patients with severe symptoms should be sent to the ED for evaluation.</p> <p>Return to work: Testing will be coordinated by Corporate Health.</p>	5/4/2020	