

Criteria Key	
ILI Symptoms (symptomatic)	Reason for test includes one or more ILI symptoms Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19: <ul style="list-style-type: none"> • Cough (new or worsening) • Sore throat • Shortness of breath • Chills • Loss of smell of taste in the last 14 days • Muscle pain • Fever • Gastrointestinal issues (vomiting or diarrhea) • New congestion or runny nose in conjunction with one of the above symptoms
Asymptomatic Screening	Reason for test includes: exposure, at risk due to a medical condition, or other reason that does not include a medical diagnosis Testing all patients for the identified population

FOR INTERNAL USE ONLY

COVID-19 Testing Guidelines

Approved for Testing	COVID-19 Testing Criteria	Retesting Recommendations	Updated	Documents
Hospital Admissions (Inpatient / Observation / Acute Rehabilitation / Psychiatry)	Required Screening	A second test may be ordered on behalf of a patient who has had a previous negative test. A third test may be ordered only in certain instances, including a scheduled surgery/procedure, to assess a BAL, a change in clinical condition, or to support clinical clearance. Transfers from an internal or external facility should be tested upon admission for patients with a previous negative test result taken more than 72 hours prior to the new admission.	5/19/2020	
Admitted patient being discharged to SNF, Custodial Care, LTCH, inpatient acute rehab, Homeless Shelter/Medical Respite, transfer to Psychiatric or other congregate care facility. Infants born in any NM hospital and transferred to Lurie or other outside facility.	Screening for transfer to external facility	Retesting, as required by an external facility.	5/12/2020	
All Surgical, Interventional Services, or Outpatient Procedures with an AGP or the potential to involve general anesthesia (Refer to the defined list of AGPs on NMI) Interventional Services or Procedures with a high risk of a prolonged exposure (15 minutes) or evolving to an AGP, including: <ul style="list-style-type: none"> • Cath/EP • Lower GI procedures due to unknown risk of SARS-CoV-2 shedding in stool • Procedures where it is not feasible for a patient to wear a mask and there is prolonged exposure to the nasopharynx (i.e. Mohs surgery on the head/neck where patient cannot wear a mask) • LASIK procedures due to unknown risk of SARS-CoV-2 in laser plumes 	Required Screening within 72 hours of the procedure Prior to a procedure, SARS-CoV-2 testing on behalf of either inpatients or outpatients must be completed within 72 hours of the procedure. Verifiable SARS-CoV-2 nucleic acid amplification test results from outside facilities (i.e. CareEverywhere, Faxed/Scanned Report in medical record) can be accepted. NM will not accept Patient reported results. If a patient has recovered from COVID-19 infection within the past 90 days and has been clinically cleared, they do not need to be re-tested prior to undergoing an aerosol-generating procedure unless they are exhibiting new symptoms or have been involved in a new COVID-19 exposure. If they are being admitted through the ED for any reason, have new symptoms or a new exposure, they must be re-tested, regardless of previous COVID-19 status. Outpatient <ul style="list-style-type: none"> • Patients needing to return for multiple procedures (i.e, ECT) should be tested every week unless they have had an exposure or have become symptomatic since the performance of their most recent test (in which case they should be retested). Inpatient <ul style="list-style-type: none"> • A new test is required if the most recently performed test is outside of the 72 hour window. • Patients tested in within 72 hours of the procedure do not need to be retested so long as they have not had any new exposure or developed any new symptoms. 	11/30/2020	Link to list of AGPs on NMI > What are aerosol-generating procedures or AGPs? Link to Clinical Clearance Guidelines (Discontinuation of COVID Precautions for Inpatient and Outpatient)	
Obstetrics Delivery, induction, C-section	Required Screening	N/A	5/4/2020	
Obstetrics Partner of a COVID+ Mother admitted for delivery	Requested Screening	N/A	5/4/2020	
ED Discharge	ILI Symptoms	Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Return to work: Asymptomatic Patients should not be retested in the ED, but can be retested at the alternate testing sites. Refer to "return to work" section for Outpatient Community.	5/22/2020	
Outpatient Community	ILI Symptoms Asymptomatic patients can be tested at the provider's discretion for scenarios including: testing required for travel or by an employer, or the patient has had an exposure to a confirmed COVID-19 Positive patient (contact within 6 feet for ≥ 15 minutes)	Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Patients with severe symptoms should be sent to the ED for evaluation. Return to work: Per the CDC, a test-based strategy is no longer recommended. Isolation and precautions can generally be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms. For persons previously diagnosed with symptomatic COVID-19 who remain asymptomatic after recovery, retesting is not recommended within 3 months after the date of symptom onset for the initial COVID-19 infection.	8/12/2020	Link to CDC recommendations on Duration of Isolation & Precautions for Adults
<ul style="list-style-type: none"> • Oncology • Transplant • Dialysis • Patient requiring immune suppressants (example rheumatology/inflammatory bowel disease patients) 	ILI Symptoms <ul style="list-style-type: none"> • Oncology • Dialysis • Patient requiring immune suppressants Required Screening <ul style="list-style-type: none"> • Transplant • Patients new to starting immunosuppressive or radiation therapy 	Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Patients with severe symptoms should be sent to the ED for evaluation. Resuming Treatment: In order for a COVID-19 positive or presumed positive patient to start/resume therapy, two negative tests obtained at least 24 hours apart must be obtained. Testing may be ordered no sooner than 10 days after resolution of symptoms, including fever in the absence of fever-reducing medications.	7/28/2020	
NM Healthcare Workers (Healthcare worker in an NM Clinical Environment, includes: NM employees, private practice, resident, medical student, agency)	ILI Symptoms OR Documented Exposure	Worsening Symptoms: Given the uncommon situation a patient who has had a previous negative result develops worsening or changing symptoms, a second test may be ordered, provided at least 48 hours has elapsed since the previous test. Patients with severe symptoms should be sent to the ED for evaluation. Return to work: Testing will be coordinated by Corporate Health.	5/4/2020	