Before You Receive the Moderna COVID-19 Vaccine

Talk to your personal physician about any medical concerns you may have, including:

- Allergies, particularly a history of severe allergic reaction to any vaccine or injectable therapy
- A bleeding disorder or if you are on a blood thinner, as this vaccine requires an intramuscular (IM) injection, similar to some other common vaccines
- Immune system disorders, including being immunocompromised or taking a medicine that affects your immune system, as these conditions may cause a diminished response to the vaccine
- Pregnancy or a plan to become pregnant
- Breastfeeding
- Having received a COVID-19 vaccine from two different manufacturers

Postpone receiving a COVID-19 vaccine if you:

- Currently have a fever or are feeling unwell
- Have had any other vaccine 14 days prior (it is also recommended to not have any other vaccine 14 days following receipt of a COVID-19 vaccine)
- Have received monoclonal antibody or convalescent plasma treatment within the past 90 days

You will be able to receive COVID-19 vaccination after these intervals have passed.

Consider postponing receiving a COVID-19 vaccine if you:

- Have had a COVID-19 infection within the last 90 days.
  - Evidence suggests your body will have a natural immunity in the short term, and the likelihood of infection is very low.
  - You can defer for 90 days and allow other people at higher risk to get their vaccines at this time.
  - You may choose to get the vaccine as long as you are cleared from the isolation period. Note that if your COVID-19 diagnosis is recent, you may experience more intense side effects.

You should not get the Moderna COVID-19 vaccine if you:

- Had a severe allergic reaction after a previous dose of this vaccine
- Had a severe allergic reaction to any ingredient of this vaccine

The Moderna COVID-19 vaccine includes the following ingredients:

- mRNA
- Lipids (SM-102, polyethylene glycol [PEG] 2000 dimyristoyl glycerol [DMG]
- Cholesterol
- 1,2-distearoyl-sn-glycero-3-phosphocholine [DSPC])
- Tromethamine
- Tromethamine hydrochloride
- Acetic acid
- Sodium acetate
- Sucrose

For more information, read the Moderna Emergency Use Authorization Fact Sheet for Recipients.