

Visitor Guidelines and Policies

Patient safety is our top priority. We understand the comfort that visitors provide for patients. Here are reminders to protect everyone's health:

- Two designated visitors (one in the patient's room at a time) are allowed during visitor hours for inpatients not being treated for COVID-19.
- All visitors will be screened for COVID-19 and flu symptoms such as fever, cough, runny nose, sore throat, body aches, congestion, loss of taste or smell, or a recent exposure to COVID-19. No one with symptoms will be allowed to visit.
- All visitors must wear a mask provided by Northwestern Medicine at all times. Visitors may be asked to leave the hospital if they are unwilling to comply with this safety precaution.
- Visitors are not permitted to eat or drink in patient rooms, as it would require periodic unmasking.
- Clean your hands frequently: Hand sanitizer is readily available in our facilities.
- Observe the same physical distancing you would follow anywhere else in public. Try to maintain 6 feet from other people.
- Cough or sneeze into your elbow, not your hand.
- Get the flu vaccine to protect yourself and prevent the spread of flu.

In most cases, visitors are not permitted for inpatients who have tested positive for COVID-19.

Our visitor policies are subject to change during the COVID-19 pandemic and flu season. Please consult [nm.org/visitors](https://www.northwesternmedicine.org/visitors) for current policies at each hospital and outpatient facility.